

Ways to Enjoy Lake Wingra

By Linell Davis, Hornblower Committee

Simply wander through Wingra Park until you get to the shore. Look, listen, take it in. Now plan to explore Lake Wingra more fully this summer.

Get on the water.

Rent a boat at Wingra Park and paddle around on your own for a tranquil escape or with a crowd for raucous fun. Go to the Big Spring on the southwest side of the lake, making your way through lily pads and cattails until you reach the shore of a stream where you will find the spring. You can paddle Wingra Creek all the way to Lake Monona with a short portage to get past the dam at the eastern side of the lake.

You will spot herons, ducks, frogs and the underside of multiple bridges.

Take a walk. The Arboretum has 17 miles of trails. From Monroe Street take the trail through the oak savanna, turn south on a smaller trail that goes to Ho Nee Um Pond. You will end up on Arbor Drive. Near the east entrance to the Arboretum, you can walk trails with boardwalks through a marsh. Lake Wingra has many Ho-Chunk

effigy mounds. Head to the Wingra Woods trail where you will find a display with information on the mounds you will see.

of the lake, go to the zoo, hang out in the Arboretum visitor center and be grateful that you live here.



May 14, 2022. Summer Jarosky helped children to make individual blessings with cups of lake water, which they then returned to the lake to mix with all the waters of the world. Photo: Tyler Leeper.

To more deeply appreciate your walking experiences, educate yourself by joining naturalist-led group walks in the Arboretum (arboretum.wisc.edu).

Get the big picture on a bike. Ride down the Park and Pleasure Drive behind Edgewood, continue through Vilas Park to the east entrance of the Arboretum, then pedal through the Arboretum to Seminole Highway. Stop along the way to take in views

Become a citizen scientist.

Both the Arboretum and Friends of Lake Wingra (lakewingra.org/projects) have opportunities for you to investigate various aspects of the lake. You can monitor migrating birds, frogs or water quality by joining one of their projects. Learn about keeping the lake healthy by volunteering for a work party. Take young children to a family nature program at the Arboretum.

Celebrate summer events at the lake.

A group paddle with or without a barbecue at Wingra Boats will make a child's birthday party, an extended family gathering or a class reunion especially memorable (madisonboats.com/private-events). Or just grab the makings of a picnic and head to the lake.

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Summer 2022

The Dudgeon Monroe Neighborhood Association's **Hornblower** is published four times a year to inform neighbors about the activities of the association.

Article deadline for the next issue:
August 6

Contact Carole Kantor
Hornblower@dmna.org

Advertising contracts for 2022-23
Deadline July 31

Contact Barbara Schrank
Hornblowerads@dmna.org

Next issue delivered:
early September

Past **Hornblower** issues available at
www.dmna.org

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President's Message

By Diego Saenz

I would like to thank everyone who came to the DMNA Annual Meeting in April; it was wonderful to see so many of you in person after our long hiatus from in-person meetings. I am looking forward to serving as the DMNA President for another year. I'm excited about being able to have more activities again, especially the 4th of July parade and the Good Neighbor Gathering in September. As the weather warms and the days get longer I'm grateful for the beautiful gardens in our neighborhood that I enjoy during my walks.

Teri Venker gave a fascinating presentation at the Annual Meeting about the Indian Mounds in our area. What an amazing area we live in! Following her presentation, DMNA is planning a trip to the mounds on the north of Lake Mendota. The mounds on the grounds of the Mendota Mental

Health Institute are a really special collection of intact examples in our area. The trip is tentatively scheduled for the fall, so look for details through DMNA News and the **Hornblower** (depending on the timing).

As always, if there is an activity you would like to see, the best thing you can do is to help us by making it a reality! We have many opportunities to volunteer with the neighborhood and there's no better time to get involved as we need your help to make this possible.

The Hornblower Is Seeking A Layout/Graphic Designer

Our veteran designer will be retiring this summer after more than a decade of ensuring the first-class quality of our quarterly newsletter. We are seeking someone with the professional skills and resources to continue and perhaps enhance the print publication that we are so proud of. The designer works with the editors, the advertising coordinator and the printer to craft each issue according to a production timeline. The **Hornblower** is the official publication of the Dudgeon Monroe Neighborhood Association, which budgets for the services of a layout/graphic designer. Preference will be given to a resident of the neighborhood. Please send a summary of your qualifications by June 30 to hornblower@dmna.org.

Thanks to the Hornblower Team

Already hard at work on this issue and gearing up for the coming year, we welcome and thank Barbara Schrank, advertising coordinator, and Sherri Stroebel, assistant editor. They join Carole Kantor, editor, Ann Clark, co-editor, and versatile reporters and writers Linell Davis, Sue Janty and Sonia Newmark.



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Madison Good Neighbor Gathering

Sunday, September 11, 2022: Noon to 5 p.m. at Brittingham Park

By Jan O'Neill (DMNA), Janet Stockhausen (Greenbush), Jessie Laz-Hirsch (Baycreek)

Madison hosts many wonderful music and arts festivals, but only ONE exclusively focuses on children and their families! Every September in Brittingham Park, seven near-westside neighborhood associations sponsor the Madison Good Neighbor Gathering (GNG) to honor national Good Neighbor Day. GNG neighborhood associations work together to build community connections across demographic and geographic boundaries, putting children and families first. Open to the public, the festival uniquely makes community building its goal.

Originally created in Montana in the early 1970s with the motto "good neighbors make great neighborhoods," President Jimmy Carter made Good Neighbor Day a national holiday in 1978. He said, "Understanding, love and respect build cohesive families and communities." Madison's GNG brings all of us together for an afternoon of fun and friendship to strengthen this community spirit.

Held Sunday afternoon, the GNG is an alcohol-free festival, featuring food, arts,

crafts and entertainment specifically for children and their families' enjoyment and education. From bounce slides, bubbles, balloons and bike parades, to environmental education, craft vendors, food carts, art activities, music, dance and

more, children of all ages (from 6 to 60+!) enjoy this special day where they are free to run and play, connect with friends, make new ones and learn more about our community. The festival also features educational tables from environmen-

tal groups, local healthcare and public health organizations, area non-profits and schools, voting rights groups and many youth-oriented organizations. Thanks to DMNA's leadership, individual donors, and area businesses' sponsorship, this year's GNG will contribute 20% of all proceeds raised, including from a raffle and a silent auction, to District 13 neighborhoods with fewer resources (Bayview, Triangle, Baycreek).

The Madison Good Neighbor Gathering, to be held on Sunday, September 11 from noon to 5 p.m. 2022, is needed now more than ever, as we all work to

create a stronger, safer, healthier and more loving community. Please contact district13cares@gmail.com if you would like to get involved!



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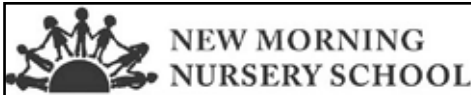


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Our Urban Forest Does a Lot for Us

By Tom Anderson-Brown

Our neighborhood is a wonderful place to live, in no small part because of the mature trees that are all around us.

They provide shade, food and habitat for animals. They reduce heating and cooling costs, prevent erosion, assist in storm runoff mitigation, store carbon and provide beauty and character in our urban landscape. Our urban forest does a lot for us. What can we do for our trees?

Wisconsin has been experiencing a severe drought, and our trees need water to remain healthy. A mature tree needs on average one inch of rain each week to be healthy and to fight off attacks from insects, injuries and pathogens. If conditions remain dry, consider watering your trees each week, especially newly planted trees. A 2-inch diameter tree needs 15 gallons of water each week (about 30 minutes with a soaker hose or a low sprinkler). Water the tree's root area and avoid watering the leafy crown as this can lead to fungal issues. Replacing the turfgrass beneath your tree with mulch (don't cover the

trunk) and avoiding soil compaction beneath your tree are two other great ways to make your trees more resilient.



A co-dominant stem with included bark. The "V-shaped" structure of this tree is weak and is at risk of splitting during periods of wind.

Another thing to look for in your trees is co-dominant unions and V-shaped branch unions (see image). Urban trees commonly exhibit this weak structure for many reasons, but mostly because they evolved to grow in shady forests and shoot straight up toward the sun. Summer storms with high winds can put incredible stress on leafed-out summer trees with weak branch unions, leading to limb

failures that put the tree, people and structures at risk. Contact a professional arborist for an evaluation to see if structural pruning or a cabling support system can help your trees remain healthy. Managing your tree's structure with pruning throughout its life is critical to its ability to withstand wind and gravity.

Take time to consider what your trees need. With help, every urban tree can thrive for generations.

Tom Anderson-Brown lives on Monroe Street and is an arborist with Tree House Arbor Science



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Planting a Rain Garden? First, Consider the Trees

By Emily Bugg and Hunter Gosda

Rain gardens are a popular choice among gardeners and are encouraged for water management. They also benefit native species plantings that help pollinators thrive. In the right place, they can be an asset to a property and contribute to clean water and healthy soil. But before you make any changes to your landscape, we ask that you first consider your trees and how a change will affect them. You will see lots of information on installing rain gardens and how to plant a rain garden. But one thing that is often missed is how rain gardens can affect your trees. The benefits of a large mature tree to air and water quality are far greater than what a rain garden produces, yet we have seen rain gardens negatively affect the health of our trees, sometimes leading to their eventual decline.

Trees acclimate to site conditions over time and rely on the stability of those conditions to remain healthy. If drastic changes occur to the critical root zone, the tree must then spend its energy to adapt. If the change is significant, the tree may show signs of stress and decline such as branch dieback, leaf dieback and reduction in leaf size and color. Diminished root function and rot can take hold due to over saturation and lack of oxygen in the root zone. An established mature tree may take decades to exhibit decline due to an affected root zone.

A rain garden is installed in an area depressed from ground level by eight or more inches. When this is done within a

tree's critical root zone, the roots are cut away, damaged or otherwise affected by changing moisture levels. Upland tree species are particularly poorly suited for this extra moisture but even wetland tree species can be affected by moisture shifts; the change can be too abrupt for the tree.

Consider planting the rain garden completely out of the critical root zone. This area can be found by following the smallest branches to the tips, and then imagining rain dripping straight down from those points. If you do plan a rain garden, follow some of these tips, and if you're unsure about the tree, please have a certified arborist consult.

Emily Bugg is owner of Bugg Tree Care.

Hunter Gosda is an arborist.

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Neighborhood News Briefs

By Sue Janty, Hornblower Committee

Garths Brew Bar (1726 Monroe Street) offered “Improve Ur Dating Profile for Women” on May 26 at 6:30 p.m. which included registering to share dating profile stories and having a new photo of yourself taken using Monroe Street as the backdrop. Contact rhiannon.gurley@gmail.com for more information.

Wingra Boats and Bloom Bake Shop are teaming for five early Tuesday mornings on the lake! Begin your day on Tuesday June 7th at 6 a.m. with coffee and a tasty treat to enjoy while paddling. Additional dates for this offering: 6/21, 7/12, 7/26, and 8/23. Boat booking: Madison-boats.com

Make Music Madison will return all day on Tuesday June 21! It is a free, city-wide outdoor day of music performed by

anyone and enjoyed by everyone each year on the Summer Solstice. Host venues include coffee shops, front porches, restaurants and city parks—including the sidewalk in front of Hive of Madison at 1904 Monroe Street, and potential other neighborhood locations TBA. To learn more, check out makemusicmadison.org as well as the event page on Facebook.

Monroe Street Sidewalk Sale is July 23. **Annual Monroe Street Festival** is September 24.

First Friday special event specifics can be found at www.MonroeStreetMadison.com

OPENINGS

SOCollection (1931 Monroe Street) Fiber artist and neighborhood resident Susan Otterson’s recently opened boutique/studio features her creative wearable designs constructed with natural and fine quality fabric not easily found nearby. She is known for her “comfortable clothing for women who view design and fabric quality as essential.” Susan plans to carry a supply of

natural fiber yarn and natural fiber fabric for sale as well. Hours are: Tuesday-Saturday 11:00 a.m. - 5:00 p.m., Sundays 1:00 - 4:00 p.m., and some evenings by chance.

Destination Bicycle (2602 Monroe Street) is now open! Dane County natives Jay Feely and John Talbott-Settle are both owners and mechanics with years of involvement in the Madison bicycle scene. In addition to selling Ohio-based, fully customized Roll bikes, the shop stocks biking accessories and provides adjustments, tune-ups and repair services for all brands of bicycles, including e-bikes. Hours are Tuesday – Friday 10 a.m. - 6 p.m. and Saturdays 10 a.m. - 5 p.m.

SEASONAL OPENING

Wingra Boats (824 Knickerbocker Street) opened its paddle sport rentals for the season on Saturday, May 14. The day started with a lake blessing at 9:30 a.m. with a member of the Ho Chunk Nation asking for a safe season. All are welcome.

Hours before Memorial Day Weekend: 10:00 a.m. - 5:00 p.m. weekends and 2:00 - 8:00 p.m. weekdays.

Hours Memorial Day Weekend and beyond: 8:30 a.m. - 8:00 p.m. daily, except for each Tuesday when opening occurs at 6:00 a.m. (including those involving Bloom as noted above).

continued on next page



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Year-round Heat on Monroe Street

*I'm too tired.
I'm afraid I'll injure myself.
Maybe I'll work out tomorrow.*

Sound familiar? It can be too easy to make excuses when it comes to breaking a sweat. The easy route is to just skip exercise altogether. But the truth is, exercise has never been more important for both our physical AND mental health. The temperature is starting to rise outside, and Basecamp Fitness encourages residents of the Dudgeon Monroe community to bring their own heat – with working out!

The benefits of exercise are simple yet powerful: stress relief, improved mental and physical health, boosted immunity, injury prevention, and overall wellness and longevity, to name just a few. If you'd like to relieve the ongoing stress of a job, improve your health and happiness or raise your self-confidence, exercise can do all of that. Really. The hardest step for

many people is to simply GO. It can be intimidating to try something new, and let's not forget those excuses that can easily fill our thoughts.

The biggest draw to a Basecamp workout is its efficiency. It addresses the three main challenges to working out: time, planning and motivation. Its 35-minute format (plus the optional 10-minute core work at the end) targets the whole body, gives you goals and support from your instructor and fellow classmates, and is an incredibly effective workout. All fitness levels are encouraged – instructors guide modifications to ensure everyone can work out. At Basecamp Fitness (1730 Monroe Street) your first class is always free. Contact Arielle Harmon –Basecamp Fitness Studio Manager.

More Ways to Move on Monroe Street

The Fit (1709 Monroe St.)

"Everyone 'fits in' at The Fit. Our clients vary from beginner to experienced, and they come from a diverse range of professional and life backgrounds."

Pilates on Harrison (710 Harrison St.)

"We believe that anyone can learn to move with awareness and by doing so, access more freedom, health and joy in all their daily activities."

Club Pilates (2623 Monroe St.)

"Whether you're an experienced athlete looking to step up your training or you're simply looking to start a new fitness routine, Pilates creates a strong foundation of balance, strength, mobility and flexibility."

Neighborhood News *continued*

CONTINUING

SUNNE Boutique (2534 Monroe Street) enters its eighth month following a late September 2021 opening. The store, owned and operated by Carrie Aston, features fashionable clothing and accessories for women, with a focus on sustainable brands. Hours: Tuesday - Saturday 11:00 a.m. - 6:00 p.m. and Sundays Noon - 5:00 p.m.

CLOSING

Scrubs Station (2701 Monroe Street) closes at the end of May.

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From Our Alder, Tag Evers

With the nice weather upon us, here are some updates to keep in mind.

Vilas Park Drive

The Vilas Park Master Plan, completed and approved last year, calls for Vilas Park Drive to be closed to through traffic. While the complete reconstruction of Vilas Park Drive will not take place for a few years, an interim step for closing off the Drive has been approved and will be implemented in mid-June. Access to the park shelter will still be permitted, with two-way traffic extended from the east end only.

Lighting Ordinance

Alder Foster and I introduced a resolution at our May 10 Council meeting to

strengthen the City's lighting ordinance. The resolution commits the city to five key principles of responsible outdoor lighting:

1. Useful: All light should have a clear purpose
2. Targeted: Light should be directed to only where needed
3. Low Light Levels: Light should be no brighter than necessary
4. Controlled: Light should be used only when useful
5. Color: Use warmer color lights where possible.

The resolution calls for the city to apply for designation as an International Dark

Sky Community through the International Dark-Sky Association. Lastly, it sets in motion an ordinance change requiring all "fixtures greater than 500 initial lumens (equivalent to 40 watts incandescent or 10 watts LED) shall be full cutoff, or shall be shielded or installed so that there is not a direct line of sight between the light source or its reflection and a point five (5) feet or higher above the ground at the property boundary. The light source shall not be of such intensity so as to cause discomfort or annoyance."

As always, if you have questions or concerns, please contact me at district13@cityofmadison.com or 608.424.2580.

Glenway Golf Course Becomes Glen Golf Park

By Ann Clark, Hornblower Co-editor

28,000 plugs of tough native plants are stretching skyward. The planned reopening date of The Glen Golf Park is July 1 to give them and the fairway grass a chance to establish after a wet spring. Impatient neighbors may want to consider that it usually takes a full two years for a similar overhaul. Parks Department's Lisa Laschinger described the transformation as a new vision of

accessibility for all levels of golfers, keeping prices moderate and offering a shorter game, while carefully sharing the property with non-golfers. It is possibly a national model based on a European concept, as golf is in general decline. She stressed that it wouldn't have been possible without the support of the community: Michael and Jocelyn Keiser's gift of design and construction, the Madison Parks Foundation's work, and many others.

The course layout remains the same, but with larger greens, easier approaches and additional forward tees for beginners. The clubhouse is being spruced

up for golfers and non-golfers alike. Events are planned to mark the opening, followed by movies, performances and other early experiments in non-golf programming. In the years to come there may be other innovations.

Wander over and give it a try!

Note from Alder Evers: Leagues are not expected to return until 2023. Please refrain from walking in the Golf Park until it is reopened as work continues. (Please also remember that this is not a dog park; walking there with your unleashed dog may result in a fine.)



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Meet Jim – the Welcome Kit Volunteer

By Linell Davis, Hornblower Committee

Jim Marx has lived in his home on Knickerbocker for 36 years. He and his wife raised their son there while he worked as a physical therapist. When he was about to retire, he saw a notice in the Hornblower asking for someone to take charge of welcome kits. He stepped up and now hands out the mostly in-

formational kits to new residents. The kits include a neighborhood directory when available, a copy of Exploring the Dudgeon Monroe Neighborhood, the Hornblower, and a welcome letter from the president of DMNA with information about the website, council meetings, etc. Jim would like to hear from anyone with

ideas about what else might be included in the welcome kits.

When not welcoming new residents, Jim enjoys taking courses at UW and gardening. He says he is not much of a meetings person but says that is no reason not to volunteer. Just find something that inspires you, and volunteer to do that.

Making a Difference

By the Social Justice Committee

Looking for ways to “give back” or “make a difference”? The DMNA Social Justice Committee wants to bring your attention to the mentoring opportunities offered by JustDane. JustDane provides Dane County children (ages 5 through 17) with one-on-one mentoring. The mentorships provide nonjudgmental and supportive relationships that broaden mentees’ experience (and that of mentors!). Mentors participate in an orientation program before being matched with mentees and commit to one year of weekly meetings. Jaylin Stueber, manager of the program, says mentoring relationships can change lives. JustDane has a waiting list of applicants waiting for mentors. A discussion of mentoring, “Is Mentoring a Lost Art?”, can be found on the JustDane YouTube Channel. If you are interested in learning more about the JustDane mentoring programs, contact Paul Beckett at beckettpta@gmail.com or 440-3979, or Jaylin Stueber at jaylin@justdane.org or 669-5536.

The Social Justice Committee has been collecting snacks for food insecure students in the schools in our neighborhood. We have now added another way to donate. Instead of donating specific items, you can make a cash donation to Lissa Koop, if you prefer. Lissa will use

any funds contributed via her Venmo below to purchase snack items in bulk. Please be sure to add “school snacks” to the notes on your donation. Use @Lissa-Koop with the last 4 digits of her telephone: 9398. Thanks to Bob Block and all who have kept the program going.

July 4 Children’s Bike Parade and Celebration

Neighbors of all ages! We would love to see you on Monday, July 4 for the parade to Wingra Park, where we will mingle with neighbors, play games and enjoy treats. While the parade may be for the young and the young at heart, the festivities are for neighbors of all ages. Make it a picnic and stay as long as you’d like.

Bike decorating supplies will be avail-

able. The tentative schedule is:

9:30 - 10:15 a.m.

Decorate bikes at the Chocolate Shoppe Ice Cream Company, 2531 Monroe Street

10:15 - 10:30 a.m.

Children’s Bike Parade to Wingra Park

10:30 a.m. - 12:30 p.m.

Neighborhood social, coffee and ice cream, games for kids and other surprises!

See <https://dmna.org/4thJuly2022> for a final schedule and more information.

Volunteer to help with this event. Contact Lisa Grueneberg at comm@dmna.org.



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Jason L. Mascitti
FIC
Financial Advisor



Marco J. Mascitti
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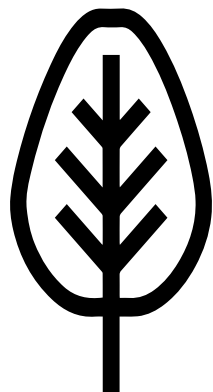
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Dudgeon Monroe Neighborhood Association

DMNA COUNCIL MEETINGS

Wednesdays, June 1, July 6,
Aug 3, Sept 7
6:45 - 8:30 p.m.
Via Zoom

Contact president@dmna.org

MAKE MUSIC MADISON

June 21
Monroe Street and elsewhere TBA
(see p. 6)

JULY 4 CHILDREN'S PARADE AND CELEBRATION

9:30 a.m. - 12:30 p.m.
Wingra Park (see p. 9)

MONROE STREET SIDEWALK SALE

July 23

SEPTEMBER 11

GOOD NEIGHBOR GATHERING
Brittingham Park (see p. 3)

DMNA-WIDE GARAGE SALE

Saturday, August 20, Save the Date

WELCOME KITS FOR NEW RESIDENTS

Contact Jim Marx
jmamarx@hotmail.com
238-4660

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The Dudgeon Monroe Hornblower is distributed four times a year, directly to the mailboxes of 1600 residents and over 150 local businesses. This quarterly publication is edited and assembled by volunteers, packed with information about events, programs, businesses and special features about the people and places that are part of our distinctive neighborhood. By advertising in The Hornblower, your business will have a low-cost way of reaching every Dudgeon Monroe household four times in the coming year. And advertising helps support the neighborhood by underwriting The Hornblower's printing and mailing costs. Small ads start at just \$215 for all four issues. Advertising contracts will be accepted until July 31 for the 2022-23 season up to the limit of available space. Full payment is due with contracts. Please see www.dmna.org/hornblowernewsletter for more information. Questions? Write hornblowerads@dmna.org.